

Tick each box once completed.

Cockpit Drill

D.S.S.S.M. (Door, Seat, Steering, Seatbelt, Mirror)

F.L.O.W.E.R.Y.

- Fuel** – Ensure you have enough fuel to complete your journey. Consider weather conditions & the load your vehicle is carrying.
- Lights** – Ensure all lights are clean and working before commencing a journey. Check headlights (dipped & main beam), tail lights, fog lights, brake lights, indicators & number plate lights.
- Oil** – Ensure your oil is between the minimum & maximum markers on the dipstick.
- Water** – Ensure you have enough water/coolant/anti-freeze. Also check windscreen washer fluid.
- Electrics** – Check & monitor the electric warning lights on the dashboard.
- Rubber** – Check all tyres (including the spare) are inflated to the correct pressures and they have a minimum of 1.6mm of tread across the central $\frac{3}{4}$ of the breadth of the tyre. Ensure there are no cuts, bulges or foreign objects and that all dust caps are in place. Also check windscreen wipers, both front & rear (if applicable) and ensure there are no tears or foreign objects.
- Yourselves** – Ensure you are fit to drive. Consider previous alcohol intake, medication (both prescribed & over the counter) and state of mind. Ensure you have had sufficient rest/sleep and that you are not tired.

Learner Name: _____

Learner Signature: _____ Date: _____